



**the sandf**

Department:  
Defence  
REPUBLIC OF SOUTH AFRICA



## CAPE FIELD ARTILLERY HOSTS A CHARITY CYCLING RACE

Article & Photographs: Maj D Coetzee (Cape Field Artillery)

On Sunday 11 July 2017, Cape Field Artillery supported the Western Province Cycling Association with one of their youth projects. The project is aimed at teaching the youth of the importance of taking part in a sport and spending your time practising for that sport, rather than to be on the streets. Their challenge was to find a safe space to introduce young cyclists into riding in competitions. Cape Field Artillery offered to host the day and Fort iKapa Military Base with all its winding roads, was the perfect and safe place for this to happen. The day was completed by adult groups who made use of the opportunity to show the young cyclists how is done and what can be achieved.



The group 6 and 12 years old



Some of the young cyclists going past Cape Field Artillery Head Quarters



Cyclists enjoying the winding, traffic free streets of Fort iKapa Military Base